

Strengthened in Your Inner Being

Ephesians 3:14-21

God alone strengthens us in our inner being
as Christ dwells in our hearts through faith.

1. Vitality

“[Christ] dwells in the heart by faith, by means of the continual exercise of faith upon him. Faith opens the door of the soul, to receive Christ; faith admits him, and submits to him. By faith we are united to Christ and have an interest in him.” —
Matthew Henry

1. Vitality

a. Faith begun

“...when you heard the word of truth, the gospel of your salvation, and believed in him.” (1:13)

b. Faith continued

“ we have boldness and access with confidence through our faith in him.” (3:12)

2. Stability

a. Kept

“Blessed is the man...whose delight is in the law of the LORD...he is like a tree planted by streams of water.” –Psalm 1:1-3

b. Encouraged

“The LORD your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you with his love; he will exult over you with loud singing.” –
Zephaniah 3:17

3. Capacity

a. Dimensions

“Can you find out the deep things of God? Can you find out the limit of the Almighty? It is higher than heaven- what can you do? Deeper than Sheol- what can you know? Its measure is longer than the earth and broader than the sea.” – Job 11:7-9

b. Implications

3. Capacity (cont'd)

a. Breadth

“Let the redeemed of the LORD say so, whom he has redeemed from trouble and gathered in from the lands, from the east and from the west, from the north and from the south.” – Psalm 107:2-3

“As far as the east is from the west, so far does he remove our transgressions from us.” – Psalm 103:12

b. Length

“Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God.” – Psalm 90:2

3. Capacity (cont'd)

c. Height

“As high as the heavens are above the earth, so great is his steadfast love toward those who fear him.” – Psalm 103:11

d. Depth

“He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure.” – Psalm 40:2

4. Sufficiency

a. Satisfaction

“Oh, taste and see that the LORD is good!” – Psalm 34:8

“Satisfy us in the morning with your steadfast love...” – Psalm 90:14

b. Abundance

“From his fullness we have all received, grace upon grace.” – John 1:16

“Every good gift and every perfect gift is from above...” – James 1:17

